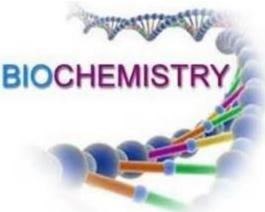
#### **LEHNINGER PRINCIPLES OF BIOCHEMISTRY Sixth Edition**

# CHAPTER 10 Lipids Xianming Deng

10.1 Storage Lipids10.2 Structural Lipids in Membranes10.3 Lipids as Signals, Cofactors, and Pigments10.4 Working with Lipids



## **Basic concepts of lipids**

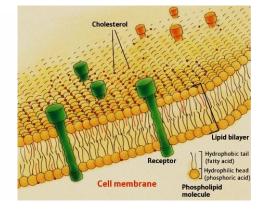
Lipids are biological molecules that are insoluble in water but soluble in nonpolar solvents.

# Lipids are the waxy, greasy, or oily compounds found in plants and animals

- wax coating that protects plants
- used as energy storage
- structural components (cell membranes)
- insulation against cold









#### Classification of Lipids

Biological lipids are a **chemically diverse** group of compounds, the common and defining feature of which is their insolubility in water.

#### Lipids are divided into (chemistry aspect):

 Saponifiable lipids — contain esters, which can undergo saponification (hydrolysis under basic conditions) (waxes, triglycerides, phosphoglycerides, sphingolipids)

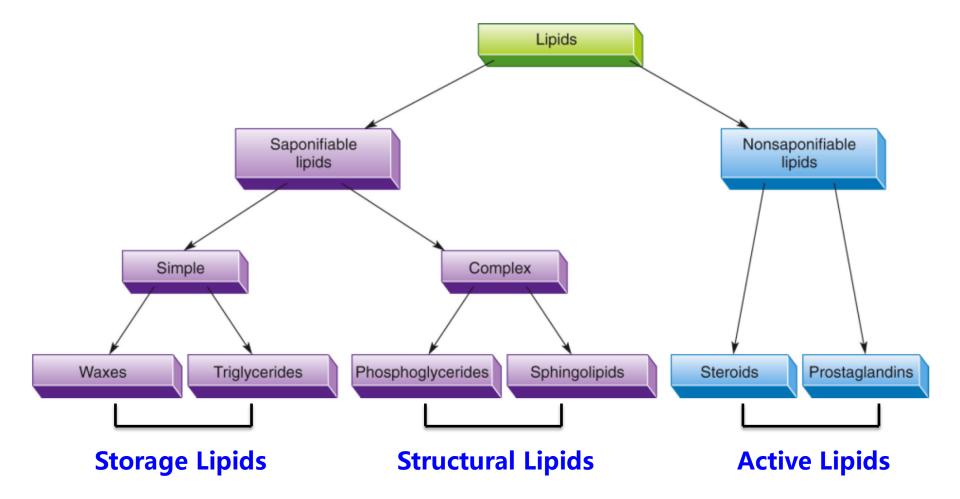
Saponifiable lipids can also be divided into groups:

- a) Simple lipids contain two types of components (a fatty acid and an alcohol)
- b) Complex lipids contain more than two components (fatty acids, an alcohol, and other components)
- Nonsaponifiable lipids do not contain ester groups, and cannot be saponified (steroids, prostaglandins)

#### Lipids are divided into (Biology functional aspects):

- ✓ Storage lipids
   Triacylglycerols, Waxes
- Structural lipids in membranes
   Glycerophospholipids, Sphingolipids, Glycosphingolipids...
- Active lipids (Lipids act as signals, cofactors, and pigments)
   Phosphatidylinositols, Sphingosine derivatives, Steroid hormones, Vitamins A, D, E, K



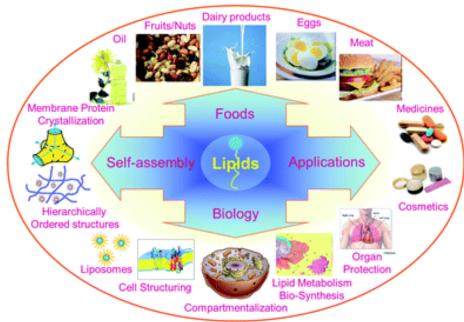




#### Biological functions of lipids

- ✓ Fats and oils are the principal stored forms of energy in many organisms;
- Phospholipids and sterols are major structural elements of biological membranes;
- Co-enzymes, vitamins, electron carriers, light-absorbing pigments, emulsifying agents, hormones, and intracellular;
- ✓ Protein modifiers;





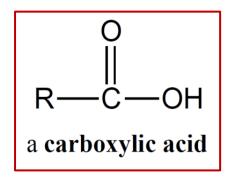
**Fatty acid** derivatives are used almost universally as stored forms of energy in living organisms, such as fats and oils.

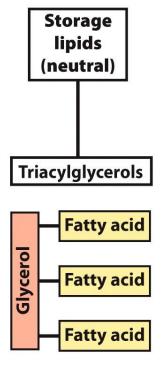
**Triacylglycerols** and **waxes** are two major types of fatty acidcontaining compounds.



### > Fatty acids

- Fatty acids are carboxylic acids with hydrocarbon chains (usually unbranched) ranging from 4 to 36 carbons long (C4 to C36). A few contain three-carbon rings, hydroxyl groups, or methyl-group branches.
- The most commonly occurring fatty acids have even numbers of carbon atoms in an unbranched chain of 12 to 24 carbons.
- The carbon chains may be saturated (all single bonds) or unsaturated (containing double bonds). Other than the carboxyl group and the double bonds, there are usually no other functional groups.





### Nomenclature of fatty acids

• Saturated fatty acids

 $\mathsf{CH}_3 - \mathsf{CH}_2 - \mathsf{CH$ 

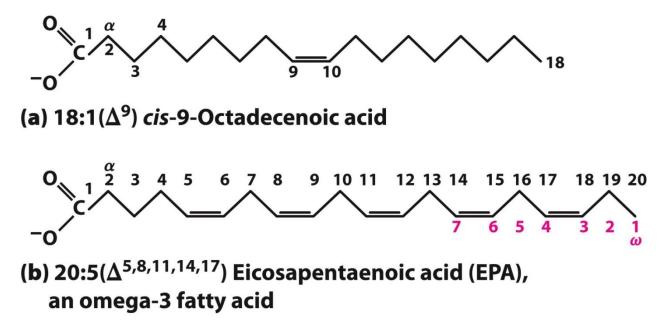
• Carbon skeleton:

**12:0**, simplified nomenclature for unbranched fatty acids specifies the chain length and number of double bonds, separated by a colon; for example, the 12-carbon saturated lauric acid is abbreviated 12:0.

### • Systematic name:

*n*-Dodecanoic acid, *n*- indicates "normal" unbranched structure dodecanoic indicates 12 carbon atoms

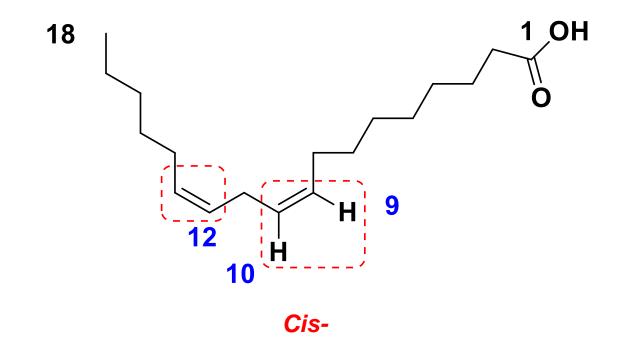
 Common name: Lauric acid (月桂酸) • Unsaturated fatty acids



- ✓ specify the chain length and number of double bonds, separated by a colon (:).
- ✓ The position of any double bond(s) is indicated by ∆ followed by a superscript number indicating the lower-numbered carbon in the double bond.



• The double bonds are usually in *cis* configurations

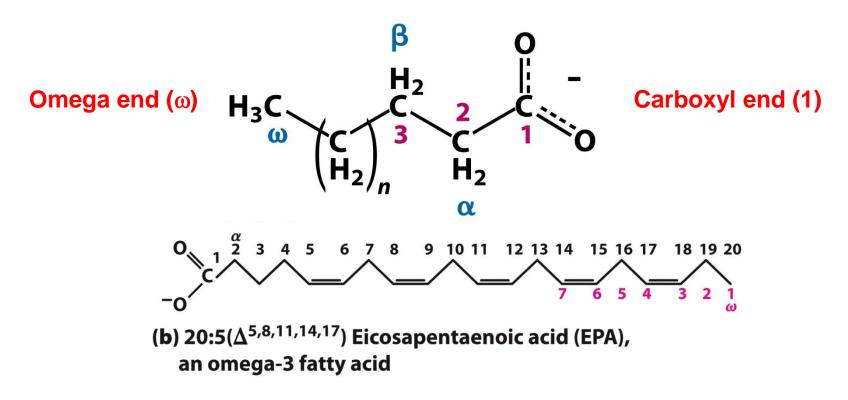


The double bonds of polyunsaturated fatty acids are almost **never conjugated** (alternating single and double bonds, as in -CH=CH-CH=CH-), but are separated by a methylene group (-CH=CH-CH<sub>2</sub>-CH=CH-).

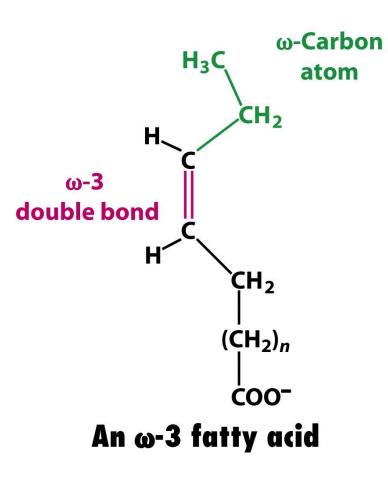


#### • Omega end (ω) of fatty acid

Assign the number 1 to the methyl carbon at the other end of the chain; this carbon is also designated  $\omega$  (omega; the last letter in the Greek alphabet). The positions of the double bonds are indicated relative to the  $\omega$  carbon.



• Omega-3 (ω-3) fatty acids

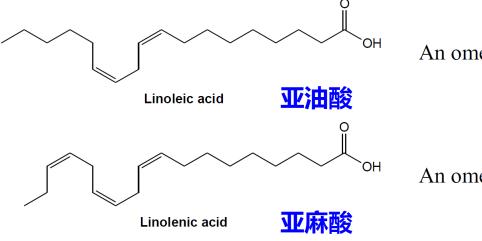






## • Essential fatty acids

- ✓ Fatty acids that are not synthesized in mammals and yet are essential for normal growth and life, and are hence called essential fatty acids.
- Two fatty acids, linoleic acid and linolenic acid, both polyunsaturated fatty acids with 18-carbon chains, cannot be synthesized in the body and must be obtained from the diet. Both are found in plant and fish oils. In the body, they are used to produce hormonelike substances that regulate blood pressure, blood clotting, blood lipid levels, the immune response, and inflammatory reactions.



An omega-6 polyunsaturated fatty acid

An omega-3 polyunsaturated fatty acid

### Some natural fatty acids

#### **TABLE 10-1** Some Naturally Occurring Fatty Acids: Structure, Properties, and Nomenclature Solubility at 30 °C (mg/g solvent) Carbon Melting **Common name** skeleton Structure\* Systematic name<sup>+</sup> (derivation) point (°C) Water Benzene 12:0 CH<sub>2</sub>(CH<sub>2</sub>)<sub>10</sub>COOH n-Dodecanoic acid Lauric acid 44.2 0.063 2,600 (Latin laurus, "laurel plant") 14:0 CH,(CH,),,COOH n-Tetradecanoic acid **Myristic acid** 53.9 0.024 874 (Latin Myristica, nutmeg genus) 16:0 CH,(CH,),COOH n-Hexadecanoic acid **Palmitic acid** 63.1 0.0083 348 (Latin palma, "palm tree") 18:0 CH<sub>2</sub>(CH<sub>2</sub>)<sub>16</sub>COOH n-Octadecanoic acid **Stearic acid** 69.6 0.0034 124 (Greek stear, "hard fat") 20:0 CH<sub>2</sub>(CH<sub>2</sub>)<sub>10</sub>COOH n-Eicosanoic acid Arachidic acid 76.5 (Latin Arachis, legume genus) 24:0 CH<sub>2</sub>(CH<sub>2</sub>)<sub>22</sub>COOH n-Tetracosanoic acid **Lignoceric acid** 86.0 Saturated (Latin *lignum*, "wood" + cera, "wax")

#### TABLE 10-1 Some Naturally Occurring Fatty Acids: Structure, Properties, and Nomenclature

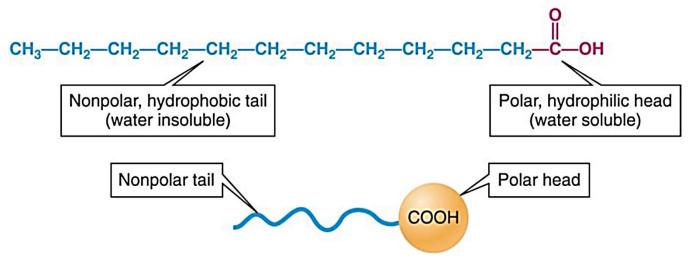
#### Solubility at 30 °C (mg/g solvent) Carbon **Common name** Melting skeleton Structure\* Systematic name<sup>+</sup> (derivation) point (°C) Water Benzene cis-9-Hexadecenoic Palmitoleic acid 1 to -0.5 -**16:1(**Δ<sup>9</sup>) $CH_{(CH_{)}}CH =$ CH(CH<sub>2</sub>)<sub>2</sub>COOH acid Mono-unsaturated **18:1(**Δ<sup>9</sup>) $CH_{1}(CH_{2})_{2}CH =$ cis-9-Octadecenoic Oleic acid (Latin 13.4 CH(CH<sub>2</sub>),COOH oleum, "oil") acid CH,(CH,),CH= Linoleic acid **18:2**(Δ<sup>9,12</sup>) cis-,cis-9,12-1 - 5CHCH\_CH= Octadecadienoic (Greek linon, CH(CH<sub>2</sub>),COOH acid "flax") $\alpha$ -Linolenic acid **18:3**(Δ<sup>9,12,15</sup>) CH,CH,CH= cis-, cis-, cis-9, 12, 15--11CHCH\_CH= Octadecatrienoic **Poly-unsaturated** CHCH,CH= acid CH(CH<sub>2</sub>),COOH **20:4**( $\Delta^{5,8,11,14}$ ) Arachidonic acid $CH_{(CH_{)}}CH =$ cis-,cis-,cis-, -49.5 CHCH,CH= cis-5,8,11,14-CHCH\_CH= **Icosatetraenoic** CHCH, CH= acid CH(CH<sub>2</sub>)<sub>2</sub>COOH

The configuration of biological unsaturated fatty acids is almost always cis.



### Properties of Fatty Acids

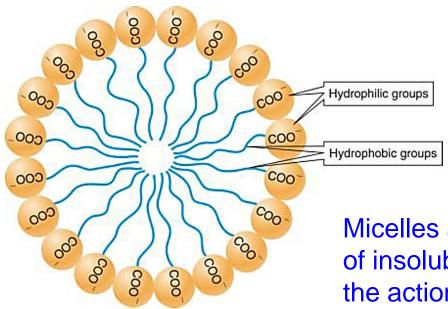
- The long, nonpolar hydrocarbon tails of fatty acids are responsible for most of the fatty or oily characteristics of lipids.
- The carboxyl (COOH) group is hydrophilic under basic conditions, such as physiological pH (7.4):



The longer the fatty acyl chain and the fewer the double bonds, the lower is the solubility in water.

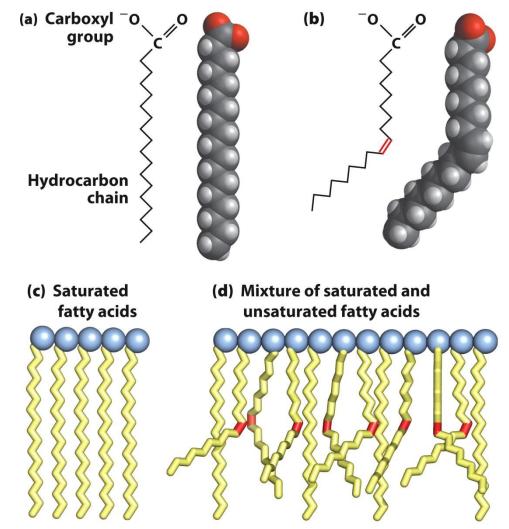
#### • Fatty acid micelles

In aqueous solutions, fatty acids associate with each other in spherical clusters called micelles, in which the hydrocarbon tails tangle each other up through dispersion forces, leaving a "shell" of polar carboxylate ions facing outwards, in contact with the water.



Micelles are important in the transport of insoluble lipids in the blood, and in the actions of soaps.

- Melting points are strongly influenced by the length and degree of unsaturation of the hydrocarbon chain.
- ✓ Shorter fatty acids usually have lower melting points than longer ones (stearic acid [18C] = 70°C, palmitic acid [16C] = 63°C).
- In unsaturated fatty acids, a *cis* double bond forces a kink in the hydrocarbon chain, preventing the molecules from packing together as tightly as saturated fatty acids do.
- The different degrees of packing of the fatty acid molecules cause difference in melting points.



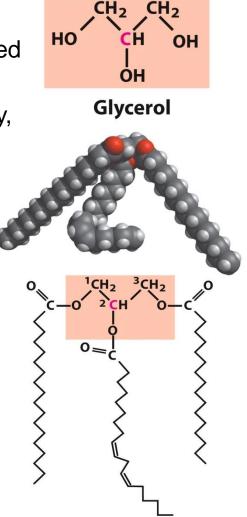
## > Triacylglycerols

**Triacylglycerols** are fatty acid esters of glycerol, composed of three fatty acids each in ester linkage with a single glycerol. They are the simplest lipids constructed from fatty, also referred to as **triglycerides**, fats, or neutral fats.

**Simple triacylglycerols:** containing the same kind of fatty acid in all three positions, for example tripalmitin, tristearin, and triolein are simple triacylglycerols of 16:0, 18:0, and 18:1, respectively.

**Mixed triacylglycerols:** containing two or three different fatty acids. To name these compounds, the name and position of each fatty acid must be specified.

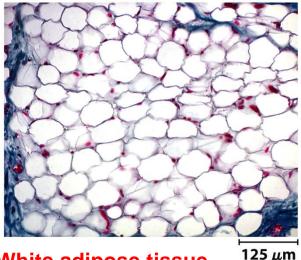
Because the polar hydroxyls of glycerol and the polar carboxylates of the fatty acids are bound in ester linkages, triacylglycerols are nonpolar, hydrophobic molecules, essentially insoluble in water.



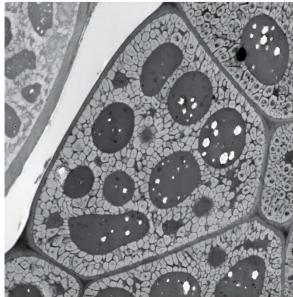
1-Stearoyl, 2-linoleoyl, 3-palmitoyl glycerol, a mixed triacylglycerol

## Fats and oil

- The fatty acids in a triglyceride molecule are usually not all the same; in fact, most naturally occurring triacylglycerols are mixed.
- Fats are triglycerides that are solids at room temp.
  - usually derived from animals
  - mostly saturated fatty acids
- Oils are triglycerides that are liquids at room temp.
  - usually derived from plants or fish
  - mostly unsaturated fatty acids



White adipose tissue



Oily droplets in plant seed  $3 \mu m$ 

#### Triacylglycerols provide stored energy and insulation

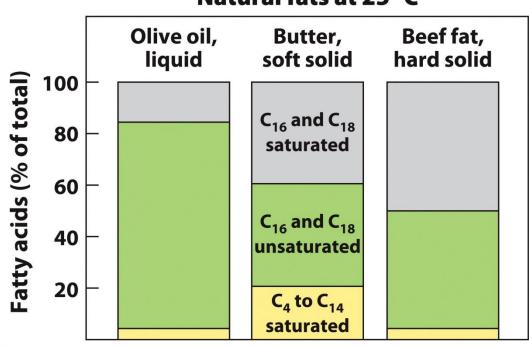
- In most eukaryotic cells, triacylglycerols form a separate phase of microscopic, oily droplets in the aqueous cytosol, serving as depots of metabolic fuel.
- In some animals, triacylglycerols stored under the skin serve not only as energy stores but as insulation against low temperatures





### Many foods contain triacylglycerols

Most natural fats, such as those in vegetable oils, dairy products, and animal fat, are complex mixtures of simple and mixed triacylglycerols.



#### Natural fats at 25 °C

Figure 10-5 Lehninger Principles of Biochemistry, Sixth Edition © 2013 W. H. Freeman and Company

#### Chemical properties of fats and oils

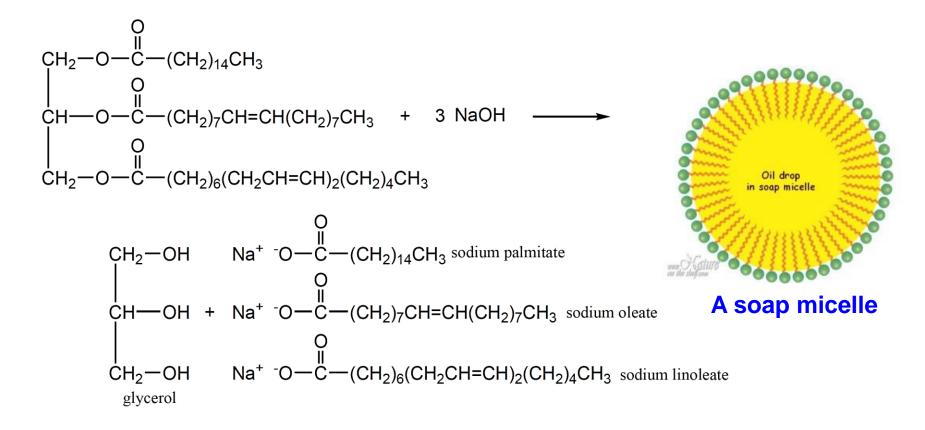
#### • Hydrolysis of triglycerides

Triglycerides can be broken apart with water and an acid catalyst (hydrolysis), or by lipases, enzymes that catalyze the hydrolysis of triacylglycerols.

$$\begin{array}{c} CH_{2}-O-\overset{O}{C}-(CH_{2})_{14}CH_{3} \\ O\\ CH-O-\overset{O}{C}-(CH_{2})_{7}CH=CH(CH_{2})_{7}CH_{3} + 3 H_{2}O \xrightarrow{H^{+}} \\ O\\ O\\ CH_{2}-O-\overset{O}{C}-(CH_{2})_{6}(CH_{2}CH=CH)_{2}(CH_{2})_{4}CH_{3} \\ CH_{2}-OH HO-\overset{O}{C}-(CH_{2})_{14}CH_{3} \text{ palmitic acid} \\ O\\ CH-OH + HO-\overset{O}{C}-(CH_{2})_{7}CH=CH(CH_{2})_{7}CH_{3} \text{ oleic acid} \\ O\\ CH_{2}-OH HO-\overset{O}{C}-(CH_{2})_{6}(CH_{2}CH=CH)_{2}(CH_{2})_{4}CH_{3} \text{ linoleic acid} \\ O\\ CH_{2}-OH HO-\overset{O}{C}-(CH_{2})_{6}(CH_{2}CH=CH)_{2}(CH_{2})_{6}CH_{4}CH_{4} \text{ linoleic acid} \\ O\\ CH_{2}-OH HO-\overset{O}{C}-(CH_{2})_{6}(CH_{2}CH=CH)_{6}CH$$

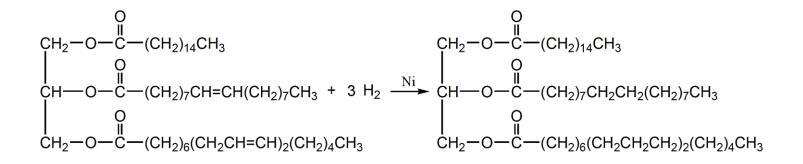
#### Saponification of Triglycerides

In saponification reactions, triglycerides react with strong bases (NaOH or KOH) to form the carboxylate salts of the fatty acids, called soaps.



#### Hydrogenation

In hydrogenation reactions, **alkenes** are converted into **alkanes** with hydrogen gas ( $H_2$ ) and a catalyst (Pt, Ni, or some other metal). This process is used to convert unsaturated vegetable oils, which are liquids at room temp., to saturated fats, which are solids at room temp.



#### Side effect of partial hydrogenation

Partial hydrogenation has an undesirable effect: some *cis* double bonds are converted to *trans* double bonds.

Many fast foods are deep-fried in partially hydrogenated vegetable oils and therefore contain high levels of trans fatty acids, leading to a higher incidence of cardiovascular disease !

## TABLE 10-2Trans Fatty Acids in SomeTypical Fast Foods and Snacks

	Trans fatty acid content	
	In a typical serving (g)	As % of total fatty acids
French fries	4.7-6.1	28-36
Breaded fish burger	5.6	28
Breaded chicken		
nuggets	5.0	25
Pizza	1.1	9
Corn tortilla chips	1.6	22
Doughnut	2.7	25
Muffin	0.7	14
Chocolate bar	0.2	2

Source: Adapted from Table 1 in Mozaffarian, D., Katan, M.B., Ascherio, P.H., Stampfer, M.J., & Willet, W.C. (2006). Trans fatty acids and cardiovascular disease. *N. Engl. J. Med.* 354, 1604–1605.

**Note:** All data for foods prepared with partially hydrogenated vegetable oil in the United States in 2002.

### > Waxes

Biological waxes are esters of long-chain (C14 to C36) saturated and unsaturated fatty acids with long-chain (C16 to C30) alcohols.

$$\underbrace{CH_3(CH_2)_{14} - C - O - CH_2 - (CH_2)_{28} - CH_3}_{Palmitic acid} I-Triacontanol$$

The melting points of waxes (60 to 100°C) are generally higher than those of triacylglycerols.



Figure 10-6b Lehninger Principles of Biochemistry, Sixth Edition © 2013 W. H. Freeman and Company

#### • Waxes serve as energy stores and water repellents

- ✓ Waxes are the chief storage form of metabolic fuel in some organisms such as plankton (浮游生物).
- Waxes are insoluble in water, and not as easily hydrolyzed as fats and oils. They often occur in nature as protective coatings on feathers, fur, skin, leaves, and fruits.
- Sebum, secreted by the sebaceous glands of the skin, contains waxes that help to keep skin soft and prevent dehydration.
- Waxes are used commercially to make cosmetics, candles, ointments, and protective polishes.

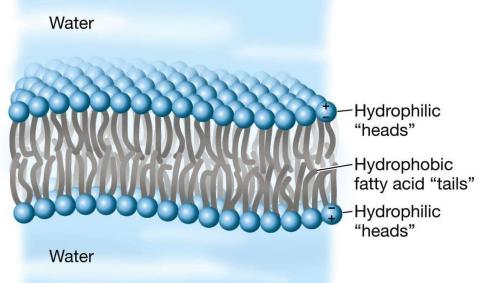
## **10.2 Structural Lipids in Membranes**

The central architectural feature of biological membranes is a **double** layer of lipids, which acts as a barrier to the passage of polar molecules and ions.

#### Membrane lipids are amphipathic:

one end of the molecule is hydrophobic, the other hydrophilic.

The hydrophobic interactions with each other and their hydrophilic interactions with water direct their packing into sheets called **membrane bilayers**.



- Polar head are in contact with the aqueous environment
- ✓ **Nonpolar tails** are buried within the bilayer
- The major force driving the formation of lipid bilayers is hydrophobic interaction
- The arrangement of hydrocarbon tails in the interior can be rigid (if rich in saturated fatty acids) or fluid (if rich in unsaturated fatty acids)

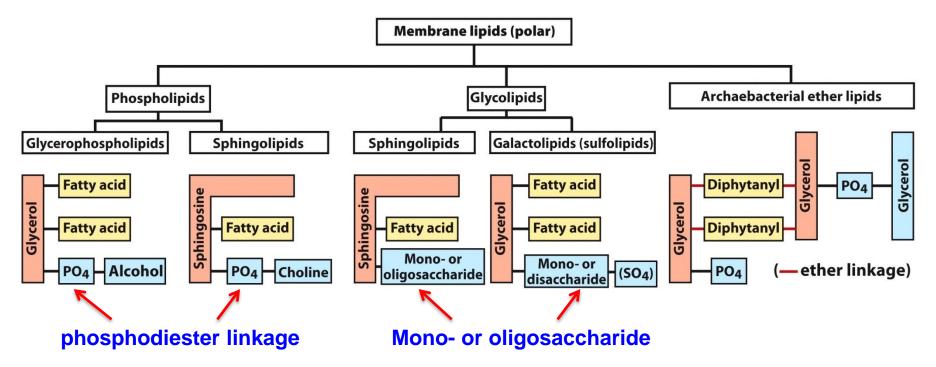


#### General types of membrane lipids

**Phospholipids**, a polar head group is joined to the hydrophobic moiety by a phosphodiester linkage;

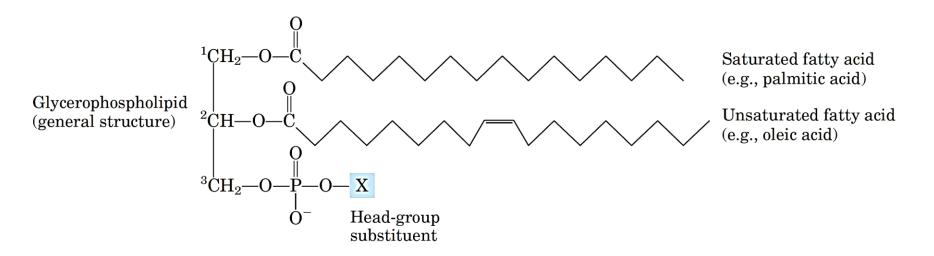
**Glycolipids**, lack phosphate but have a simple sugar or complex oligosaccharide at their polar ends;

Archaeal tetraether lipids (古生菌四醚脂), two very long alkyl chains are ether-linked to glycerol at both ends.



#### Glycerophospholipids

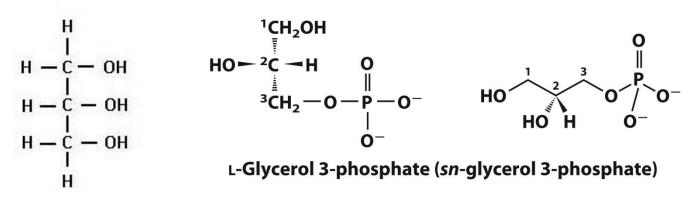
**Glycerophospholipids**, also called phosphoglycerides, are membrane lipids in which two fatty acids are attached in ester linkage to the first and second carbons of glycerol, and a highly polar or charged group is attached through a phosphodiester linkage to the third carbon.



In general, glycerophospholipids contain a C16 or C18 saturated fatty acid at C-1 and a C18 or C20 unsaturated fatty acid at C-2, although the fatty acids in glycerophospholipids can be any of a wide variety.



Glycerol itself is not chiral, however, glycerol is *prochiral*—it can be converted to a chiral compound by adding a substituent such as phosphate to either of the —  $CH_2OH$  groups.

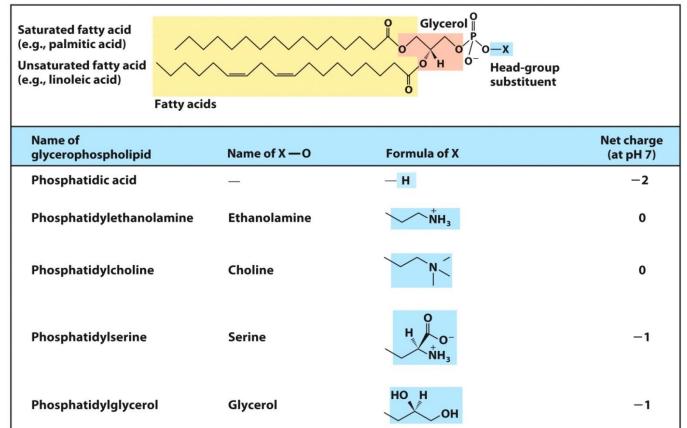


The stereoisomer of glycerol phosphate found in most lipids is correctly named either L-glycerol 3-phosphate or D-glycerol 1-phosphate.

Another way to specify stereoisomers is the *sn* (*s*tereospecific *n*umbering) system, in which C-1 is, by definition, the group of the prochiral compound that occupies the pro-S position. The common form of glycerol phosphate in phospholipids is, by this system, *sn*-glycerol 3-phosphate (in which C-2 has the R configuration).

In archaea, the glycerol in lipids has D-glycerol 3-phosphate.

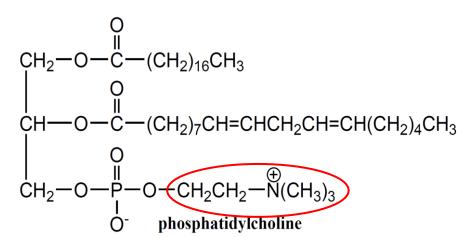
 Glycerophospholipids are named according to the polar alcohol in the head group



The head group is joined to glycerol through a phosphodiester bond, in which the phosphate group bears a negative charge at neutral pH. The polar alcohol may be negatively charged, neutral, or positively charged.



Phosphoglycerides that contains the aminoalcohol choline are called lecithins. The fatty acids at the first and second positions are variable, so there are a number of different possible lecithins.



Because lecithins contain negatively charged oxygen atoms in the phosphate group and positively charged nitrogen atoms in the quaternary ammonium salt group, that end of the molecule is highly hydrophilic, while the rest of the molecule is hydrophobic.

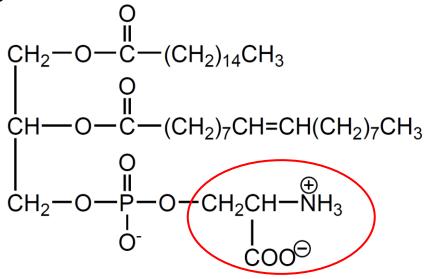
#### **Functions of lecithin:**

- forms an important structural component of cell membranes.
- forms micelles which play a role in the transport of lipids in the blood stream.

Commercially, lecithin extracted from soybeans is used as an emulsifying agent (乳化剂) in margarine and candies to provide a smooth texture.

#### • Cephalins (脑磷脂)

Phosphoglycerides that contains the amino alcohols ethanolamine or serine are called cephalins.

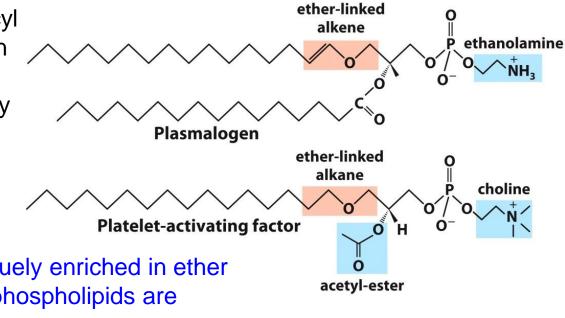


#### **Functions of cephalins:**

Cephalins are found in most cell membranes, and are particularly abundant in brain tissue. They are also found in blood platelets, and play a role in blood-clotting.

#### • Some glycerophospholipids have ether-linked fatty acids

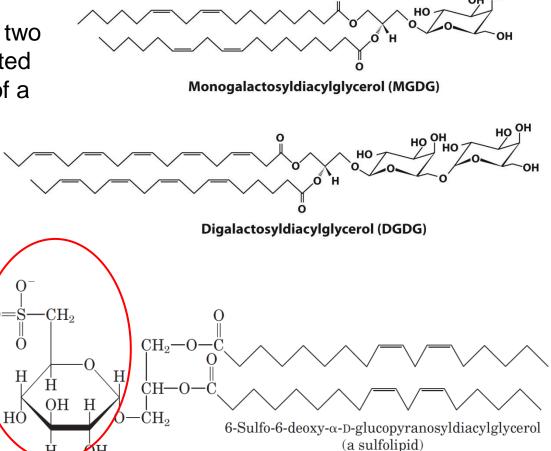
Ether lipids, one of the two acyl chains is attached to glycerol in ether linkage. The ether-linked chain may be saturated, or may contain a double bond, as in plasmalogens.



Vertebrate heart tissue is uniquely enriched in ether lipids; about half of the heart phospholipids are plasmalogens.

**Platelet-activating factor** is a potent molecular signal. It stimulates platelet aggregation and the release of serotonin (a vasoconstrictor) from platelets. It also plays an important role in inflammation and the allergic response.

- ➤ Galactolipids (半乳糖脂) and sulfolipids (硫脂)
- Galactolipids, in which one or two galactose residues are connected by a glycosidic linkage to C-3 of a 1,2-diacylglycerol



Galactolipids and sulfolipids are predominant in plant cells.

**Sulfolipids**, in which a

in glycosidic linkage.

sulfonated glucose residue

is joined to a diacylglycerol

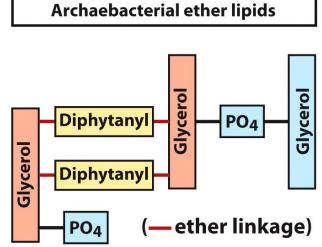
The sulfonate group bears a negative charge like that of the phosphate group in phospholipids.

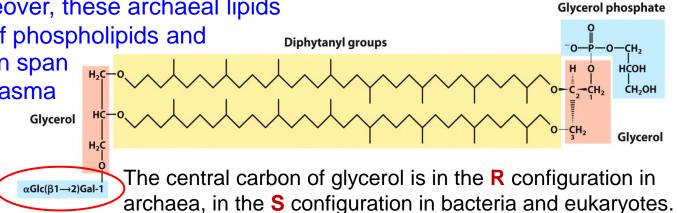
#### **Archaeal tetraether lipids** (古生菌四醚脂)

Some archaea that live in ecological niches with extreme conditions—high temperatures (boiling water), low pH, high ionic strength, for example have membrane lipids containing long-chain (32 carbons) branched hydrocarbons ether-linked at each end to glycerol.

The ether linkages are much more stable to hydrolysis at low pH and high temperature than are the ester bonds found in the lipids of bacteria and eukaryotes. Moreover, these archaeal lipids are twice the length of phospholipids and **Diphytanyl groups** sphingolipids, and can span the full width of the plasma membrane. Glycerol H<sub>2</sub>C

> phosphate or sugar residues

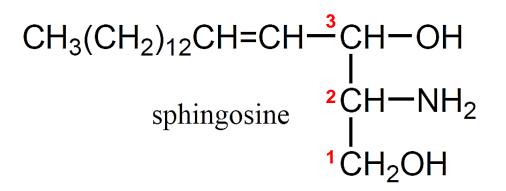






### ➤ Sphingolipids (神经鞘脂)

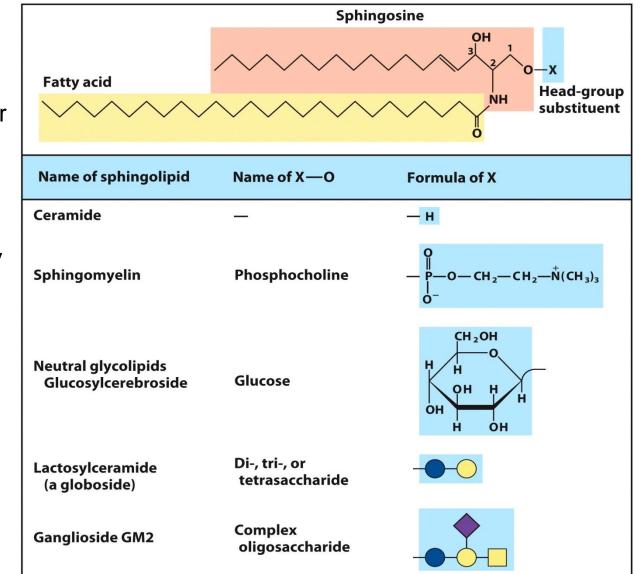
Sphingolipids are complex lipids that contain sphingosine (鞘胺醇) instead of glycerol.



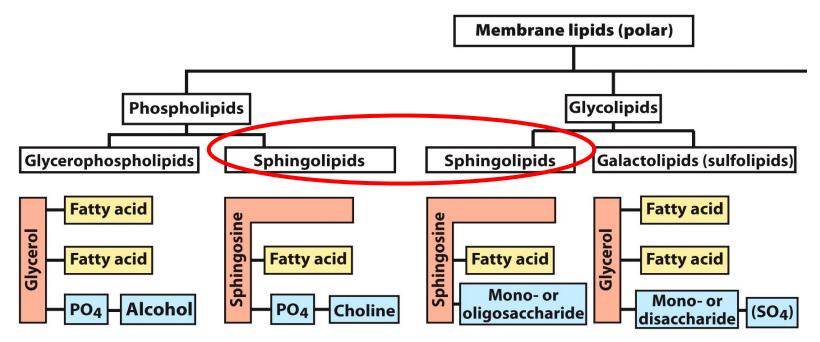
Carbons C-1, C-2, and C-3 of the sphingosine molecule are structurally analogous to the three carbons of glycerol in glycerophospholipids. When a fatty acid is attached in amide linkage to the  $-NH_2$  on C-2, the resulting compound is a **ceramide** (神经酰胺), which is structurally similar to a diacylglycerol. Ceramide is the structural parent of all sphingolipids.

# Sphingolipids are composed of

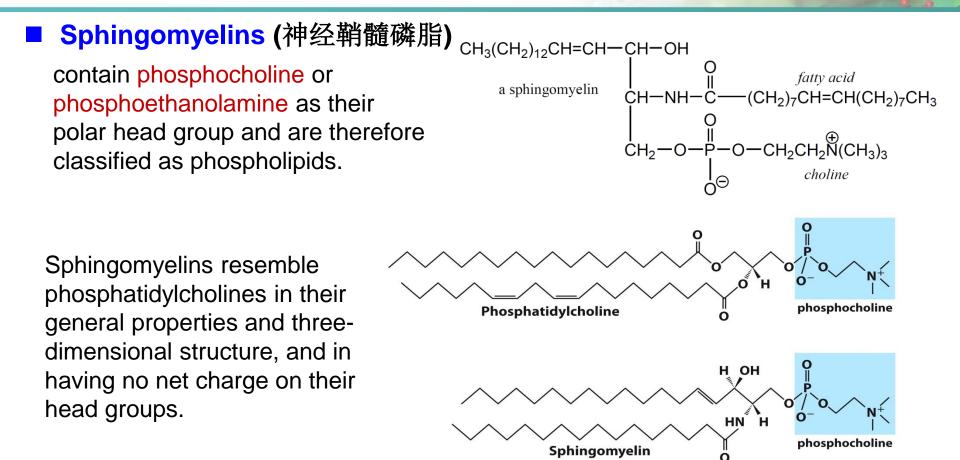
- one molecule of alcohol sphingosine or one of its derivatives,
- one molecule of a long-chain fatty acid,
- ③ and a polar head group that is joined by a phosphodiester or glycosidic linkage.



 Three subclasses of sphingolipids: sphingomyelins, neutral (uncharged) glycolipids, and gangliosides (all derivatives of ceramide but differing in their head groups).



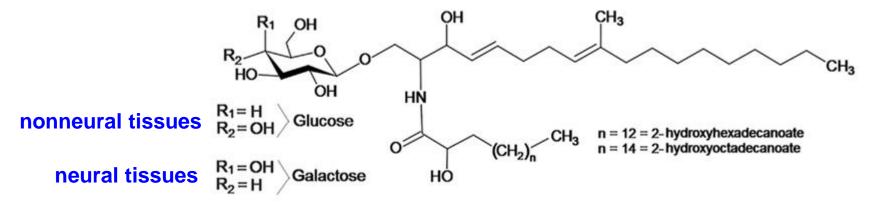
**Glycosphingolipids**, including neutral (uncharged) glycolipids and gangliosides, have head groups with one or more sugars connected directly to the —OH at C-1 of the ceramide moiety. They do not contain phosphate and occur largely in the outer face of plasma membranes.



Sphingomyelins are present in the plasma membranes of animal cells and are especially prominent in myelin (髓鞘), a membranous sheath that surrounds and insulates the axons of some neurons—thus the name "sphingomyelins."

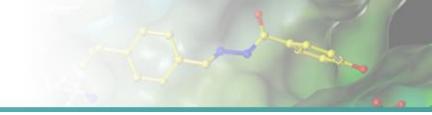
#### Neutral glycolipids

**Cerebrosides** (脑苷脂类) have a single sugar linked to ceramide; those with galactose are characteristically found in the plasma membranes of cells in neural tissue, and those with glucose in the plasma membranes of cells in nonneural tissues.

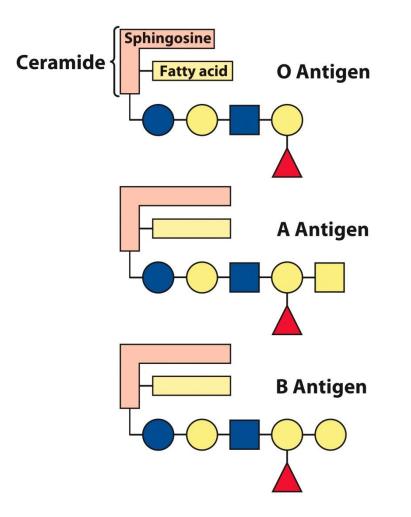


Globosides (红细胞糖苷脂) are glycosphingolipids with two or more sugars, usually D-glucose, D-galactose, or *N*-acetyl-D-galactosamine.

Cerebrosides and globosides are sometimes called **neutral glycolipids**, as they have no charge at pH 7.



#### **Globosides determine the type of blood**

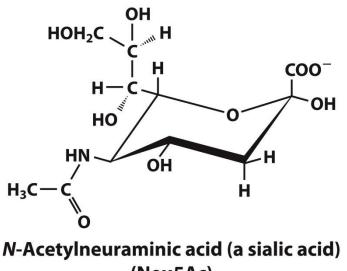


Fucose	▲ Fuc	
Galactose	OGal	
Glucose	• Glc	
N-Acetylgalactosamine		GalNAc
N-Acetylglucosamine		GlcNAc

#### Gangliosides (神经节苷脂)

is the most complex sphingolipids, have oligosaccharides as their polar head groups and one or more residues of *N*-acetylneuraminic acid (Neu5Ac), a sialic acid (唾液酸) (often simply called "sialic acid"), at the termini.

Gangliosides with one sialic acid residue are in the **GM** (*M* for mono-) series, those with two are in the **GD** (*D* for di-) series, and so on (**GT**, three sialic acid residues; **GQ**, four).



(Neu5Ac)

Sialic acid gives gangliosides the negative charge at pH 7 that distinguishes them from globosides.

Gangliosides are concentrated in the outer surface of cells, functioning as **recognition sites** for extracellular molecules or surfaces of neighboring cells.

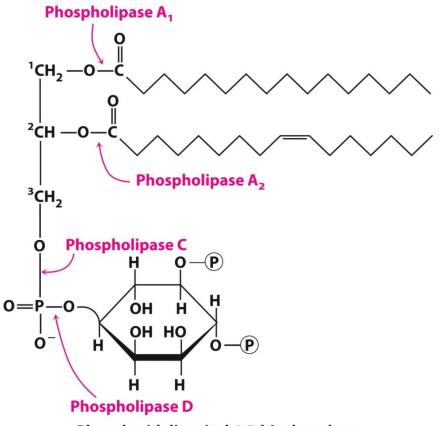
#### Phospholipids and sphingolipids are degraded in lysosomes

Most cells continually degrade and replace their membrane lipids.

- Phospholipases of the A type remove one of the two fatty acids, producing a lysophospholipid.
- 2 Lysophospholipases remove the remaining fatty acid.

Gangliosides are degraded by a set of lysosomal enzymes that catalyze the stepwise removal of sugar units, finally yielding a ceramide.

A genetic defect in any of these hydrolytic enzymes leads to the accumulation of gangliosides in the cell, with severe medical consequences. For each hydrolyzable bond in a glycerophospholipid, there is a specific hydrolytic enzyme in the lysosome.



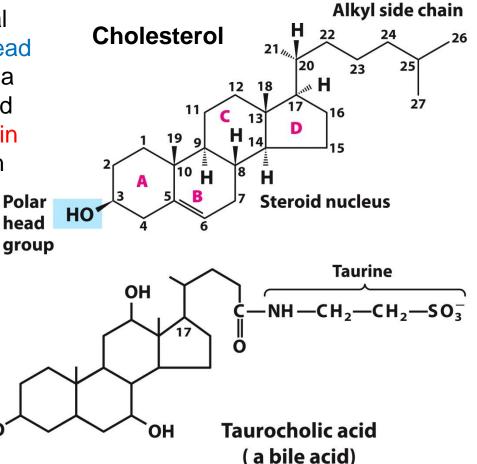
Phosphatidylinositol 4,5-bisphosphate

Sterols (固醇类), compounds characterized by a rigid planar system of four fused hydrocarbon rings, three with six carbons and one with five. Sterols are structural lipids present in the membranes of most eukaryotic cells.

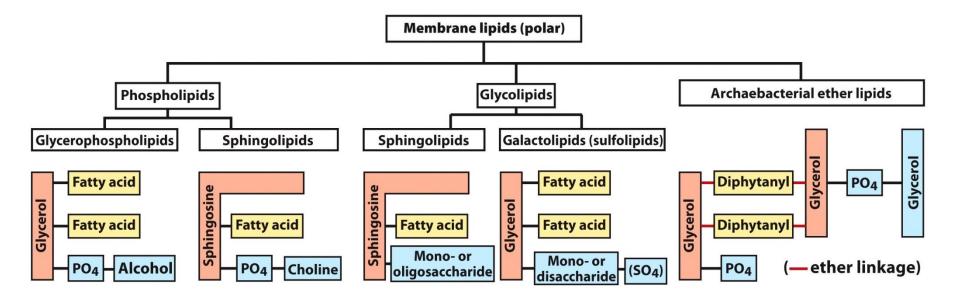
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- Cholesterol, the major sterol in animal tissues, is amphipathic, with a polar head group (the hydroxyl group at C-3) and a nonpolar hydrocarbon body (the steroid nucleus and the hydrocarbon side chain at C-17), about as long as a 16-carbon fatty acid in its extended form.
- **Bile acids** are polar derivatives of cholesterol that act as detergents in the intestine, emulsifying dietary fats to make them more readily accessible to digestive lipases.

Bacteria cannot synthesize sterols.







## Take home messages ...

- ✓ Basic Concepts of Lipids
   Classification, biological function
- Storage Lipids : Fatty acids, Triacylglycerols
- Structural Lipids in Membranes
   Five general types of membrane lipids